

FAMILY ONLINE SAFETY PLAN

The best way to begin positive conversations around online safety is to discuss clear boundaries and rules and agree on them as a family. Conversations around what should/shouldn't be shared online, safe friendships, what privacy settings does the app/game have? Do you know how to report things? What can we do if we see/hear something online that makes us uncomfortable or upset? Who can we speak to with any worries or issues when accessing the online world?

LET'S TALK!




1. What is your favourite thing to do online, why?
2. Which online apps/games do you use the most?
3. What are the age recommendations for the apps/games you use?
4. Do you know where to find the privacy settings?
5. What should you check before posting images/videos online?
6. What should you do if someone online asks for personal information, photo's, videos, video call or to meet in person?
7. Do you know where to report something online?
8. How do we decide which games and apps are safe and appropriate for us to use?
9. Who can you speak to if you have a problem online, or if you have seen something that has made you feel uncomfortable or upset?
10. Are there other ways we can communicate our feelings if we struggle to talk to adult we trust in person?

ONLINE SAFETY TOP TIPS!

TOP TIPS



Some social media apps and games will help you with your privacy settings when you sign up so it's really important you are always honest about your age online so the apps and games you use can help keep you safe. 



Even with privacy settings in place, there is still a risk of seeing/hearing things online that may upset you or make you feel uncomfortable. It's important you know how to block and report content you don't want to see online.

There are lots of websites you can use to help with your privacy settings, online friendships and good online wellbeing!



FAMILY AGREEMENT

What can we use our devices for?

Where can we use my devices at home?

Where will we keep our devices at night?

What should we do if something confuses, upsets or makes us feel uncomfortable online?

What apps and games are appropriate to use on our devices?

Who are safe friends online we can speak to?

When can we talk about our online worries and issues?

