READING RECOMMENDATIONS

Here are some good children's books which are age dependent and some are specific to the relationship of the person who has died. An important tip is to read them first:

- Rabbityness Jo Empsom
- The Heart and the Bottle Oliver Jeffers
- Badger's Parting Gifts Susan Varley
- Charlotte's Web E B White
- Fox: A Circle of Life Story Isabel
- Thomas

There are some great books that can get us all thinking about how we think and talk about death, or rather often avoid doing so, these are:

- Kathryn Mannix Listen: How to find
- the words for tender conversations
- Kathryn Mannix With the end in
- · mind; how to live and die well
- Julia Samuel Grief Works



BEREAVEMENT SUPPORT

Dealing with a death or loss can be a difficult time for everyone and is never an easy subject to talk about.

To help you talk to a child or young person and get a better understanding about death; we have compiled together support links and reading recommendation for you and a child.



SUPPORT LINKS

Scan the QR code to access links that can help support bereaved children and young people:



Helpful guidance about children's understanding of death at different ages and stages of development, in consideration of children with additional needs:







